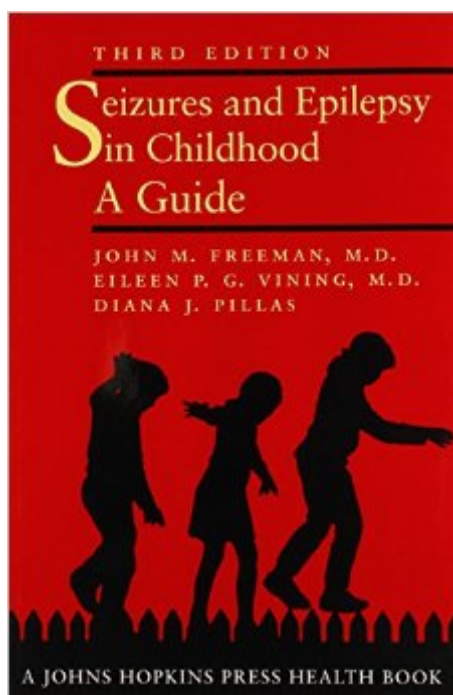


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# Seizures And Epilepsy In Childhood: A Guide (Johns Hopkins Press Health Books (Hardcover))



## Synopsis

The award-winning *Seizures and Epilepsy in Childhood* is the standard resource for parents in need of comprehensive medical information about their child with epilepsy. Now in its third edition, this highly praised book has been thoroughly revised and updated to reflect the latest approaches to the diagnosis and treatment of epilepsy in childhood, including the use of the ketogenic diet as a treatment for children who either do not respond to traditional drug therapy or who suffer intolerable side effects from medications. In addition to providing up-to-date information about new diagnostic techniques as well as new drugs, diet, and surgical treatments, the authors have included a chapter addressing routine health care for children with epilepsy and a new chapter on complementary and alternative therapies. Also new to this edition are discussions of the progress made in the evaluation for surgery, a chapter on insurance issues, and a section detailing additional resources. "No child's life should be defined by seizures. If we understand how the brain works, what happens during seizures, and how to cope with epilepsy, we can overcome the mythology of epilepsy and fight society's prejudices, allowing every child with epilepsy to reach his or her full potential." —From *Seizures and Epilepsy in Childhood*

## Book Information

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## Customer Reviews

This book provided straightforward, invaluable information to our family when faced with our child's seizure disorder. It explains all the medical terms that our neurologist seemed to throw around

without explanation (thereby scaring us!). It is optimistic and practical. It spans everything from how to deal with seizures, the pros and cons of different treatment, and how your child can live a full life. Most of all it put us at ease and educated us as to how to proceed with our child's medical treatment. It also helped guide us with what to tell others - the school, babysitters, grandparents. Definitely a must read for parents dealing with a child with seizures!

I agree with the other reviewers that this book is parent-friendly, clear, and hopeful. My baby had seizures for two weeks after he was born and it took a while for me to understand what had happened and what to do next. I read two other books before finding "Seizures and Epilepsy in Childhood," and this one was certainly the best. It is thorough and does a great job of explaining that there are many different kinds of seizure disorders and therefore different types of treatment. It dispels many of the myths out there about seizure disorders and says that many children grow out of it. Neurology has grown leaps and bounds in this field in the past 10-15, and it's important to be up-to-date, since many doctors have differing opinions about how to treat seizures. If you're at all confused (like I was), this book is for you.

This book is full of straight-forward information about epilepsy and its effects on the brain. It addresses initial medical evaluations and diagnoses, and discusses various treatments--traditional and complementary therapies--in depth. The authors handle these potentially complicated topics with simplicity of language and great compassion. In fact, the best part of this book is the authors' ability to recognize and allay parental fears by dispelling myths surrounding the illness. A substantial section of the book offers suggestions to help a family (not just the patient) cope with epilepsy--at home, school, in extended family settings, and so on. This is a well-researched and documented book. I highly recommend it for any parent facing a diagnosis of epilepsy for the first time.

Seizures are often due to hidden porphyria. Porphyria is NOT a rare disorder. Furthermore the anti-seizure drugs are mostly highly porphyria-inducing. This is why they then give higher and higher doses or use multiple drugs. These crucial facts are missing from this book. Thank goodness I found the book that led to a full recovery for my daughter. It explained why she was worse after each of the first set of drugs, and the diet factors that led us to prevent her seizures. And even what looking at computer screens do to her. It turned out she has porphyria, and was indeed reacting to foods and drugs but porphyrically, not allergically. The book that saved my daughter's life is PORPHYRIA: The Ultimate Cause of Common, Chronic, & Environmental Illnesses, With

Breakthroughs in Diet, Supplements, and Energy Balancing, by Steven Rochlitz, PhD. The porphyria connection is also crucial because the hidden porphyric reacts to most drugs, and even to many supplements. Dr. Rochlitz's books are not sold on Amazon. You can find them at his [wellatlast.com](http://wellatlast.com) site. I would immediately check out the testimonials page there for reviews by laypeople and physicians, and even a Supreme Court Justice. Also on that testimonials page is a link to a great, free, recent interview. I have no financial connection to Prof. Steven Rochlitz, but following his book's recommendations has led to my daughter being healthy, and finally seizure-free all the time now after following the book's many guidelines. Everyone in my family has benefitted so much from Rochlitz's book.

This book was a total eye opener for me. My child has complex partial seizures. These seizures are hard to diagnose and understand. You will often think that the child is just having nightmares. This book has been key for me to understand my child's epilepsy. I really would like to read an updated version however. The medication section is out of date.

This book is a must-have if your child has seizures. I was terrified and felt so uninformed before a neurologist recommended this book to me. After reading it, I am comfortable with the situation and I know when to worry and when not to worry. If your seizure-prone child is in the care of an adult besides yourself, it would be wise to have them read this. It is quite tedious and clinical in the beginning, but it becomes much clearer after the section on the brain.

My son had a seizure out of the blue and it really scared me. The doctors at the ER were not very helpful and I could not get an appointment with a pediatric neurologist for 6 weeks! I was filled with worry. Meanwhile, I ordered this book and I cannot recommend it highly enough. Many parts put my mind at ease while I waited to see the real doctor at Johns Hopkins. The book is full of valuable information and it is written in language that I can easily understand. Outstanding book!

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